Financial Fitness Balanced IP Fund of Funds

Minimum Disclosure Document (MDD)

September 2023

Fund Objective

The fund is a multi-asset class portfolio with medium to high equity exposure, which will typically not exceed 75% or the limit allowed by the relevant industry classification. The objective of the portfolio is to provide investors with moderate to high capital growth in the long term from a portfolio that maintains a moderate to high risk profile, whilst preserving capital.

Fund Universe

The portfolio will invest in participatory interests of underlying portfolios which provide exposure to a spectrum of equity, bond, non-equity and property markets. These underlying portfolios may have exposure to financial instruments. The asset allocation in the portfolio will be actively managed and the assets will be shifted between the markets and asset classes to reflect changing economic and market conditions. The Manager will be permitted to invest on behalf of the portfolio in offshore investments as legislation permits.

Manager Commentary

Which job is harder? Managing the SA Rugby Team or an SA Multi Asset Fund? I can think of many plausible reasons why this not a flippant question. For example, they are both heavily influenced by local and international politics and subtle "team" choices can create significant differences in performance. Therefore, owning an accurate crystal ball is always useful.

2023 has been a hard year for SA Multi Asset High Equity Funds and among many reasons, the Grey Listing was a bad start, then our local "Lady R" debacle was a huge negative (for SA Equity & Bond prices) during May, followed by the US Federal Reserve added its "damper" during the last week of September by declaring that long-term interest rates would have to remain "higher for longer". This despite most inflation data indicators being on a clear downward path. Since the "Fed" was very slow to react to the threat of inflation; shooting the USA economy in one foot; they now seem to think that shooting the economy in the other foot is a clever way to even things up! I'm guessing that you can spot some sarcasm in the last sentence.

So, for SA Equity and Income, it been a hard 9 months and a pretty awful 3 months. This fund has significant exposure to SA Equity and Bonds, then Offshore Equity & Bonds. These are all, to a greater or lesser extent, influenced by US Federal Reserve announcements, which have led many risk averse investors to think that earning 5% on US Treasury Bills is their best bet in very uncertain times. This may be a short-term solution but not a long-term answer. The end result is that this Fund's Portfolio has only gained around 9.71% for the past 9 months and declined -0.65% for the past 3 months.

Most "experts" are convinced that the Consumer Price Index will continue declining, and that 2% to 3% USA inflation will become a reality during the first half of 2024. If and when that happens, the US Federal Reserve will have to drop rates almost as quickly as they raised them. That will push our Reserve Bank to follow, and the very high yielding SA Bonds and low PE SA Equities will be repriced upward. So, looking into the crystal ball, we can see what will happen, but we cannot exactly say when. Maybe managing an International Rugby Team would be easier!

Contact Information

Investment manager	Financial Fitness Portfolios (Pty) Ltd (50329)
Address	No 25 Culross Road, Bryanston, 2191, South Africa
Contact number	(011) 802-0888
Email address	Vicky@finfit.co.za
Website	www.financialfitnessportfolios.co.za
Custodian / Trustee	The Standard Bank of South Africa Limited
Management Company	IP Management Company (RF) (Pty) Ltd
Address	1st Floor Mariendahl House, Newlands on Main, Newlands, Cape Town 7700
Contact number	(021) 673-1340
Email address	clientservices@ipmc.co.za

Date of Issue : 11 October

Fund Information

Portfolio Manager:	Financial Fitness Portfolios (Pty) Ltd  Jim Millar
Inception Date of Fund:	14-Jul-2016
Inception Date of Class:	14-Jul-2016
Benchmark:	South African - Multi Asset - High Equity
Regulation 28 compliant:	Yes
Income distribution:	Semi-Annual
Date of income distributions:	31 March, 30 September
Date of income payment:	15th day of the following month or the next business day if the 15th does not fall on a business day
Minimum lump sum investment:	R10,000
Minimum monthly investment:	R1,000
Risk profile:	Medium to High
JSE code:	FINBF
ISIN Number:	ZAE000218582

Portfolio Income in Cents Per Unit (cpu)

	March 2023	September 2023
	11.7908	33.0298

Fund Net Asset Value (NAV) and Units in Issue

Fund NAV	R 862 361 773

	Class A
Units in Issue	63 975 948
Class NAV	R 862 361 773
NAV Price as at Month End	1347.94

Total Expense Ratio (TER) and Transaction Costs (TC): Jul 2020 - Jun 2023 (3 Yrs. Rolling %)

TER and TC Breakdown	Class A
Total Expense Ratio (TER)	1.22%
Transaction Costs (incl. VAT)	0.27%
Total Investment Charge (TIC)	1.49%

Fee Structure

	Class A
Annual Service fee (excl. VAT)	0.35%
Performance Fee	n/a

Initial Advice Fee and Ongoing Advisor Fee is negotiable between the Investor and Appointed Financial advisor. This is not part of the normal annual service fee charged by the fund.

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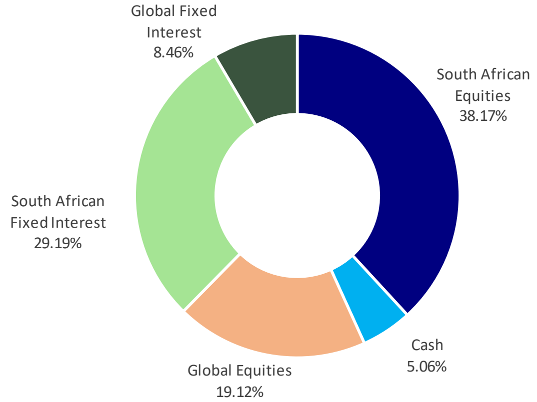
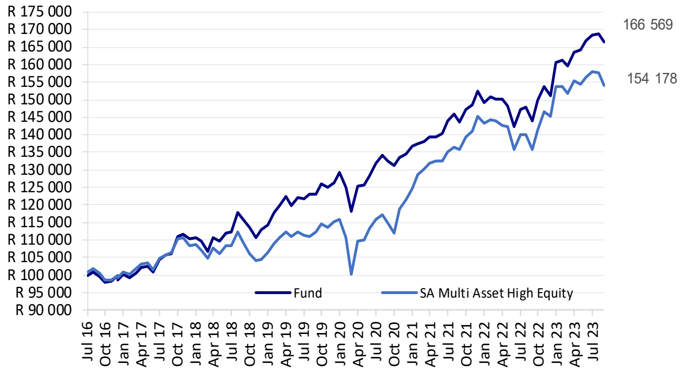
Asset Allocation as at 30 September 2023



Data Source : INET/IRESS

Growth of a R 100 000 Invested since Inception



*Performance - Net of Fees

** Returns History above one year are annualised*

Cumulative (%)	1 Month	3 Months	6 Months	YTD	1 Year	2 Years	3 Years	5 Years	Since Inception
Fund	-1.43%	-0.21%	4.34%	10.19%	15.72%	16.00%	25.58%	43.59%	66.57%
SA Multi Asset High Equity	-2.32%	-1.45%	1.53%	6.04%	13.49%	13.47%	34.00%	37.45%	40.87%

Monthly Performance	Year	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	YTD
Fund	2023	6.28%	0.43%	-1.05%	2.50%	0.38%	1.63%	0.86%	0.37%	-1.43%				10.19%
SA Multi Asset High Equity	2023	5.86%	0.01%	-1.36%	2.26%	-0.51%	1.27%	0.97%	-0.08%	-2.32%				6.04%
Fund	2022	-2.15%	1.04%	-0.39%	0.04%	-1.45%	-3.95%	3.45%	0.53%	-2.71%	4.20%	2.45%	-1.62%	-0.90%
SA Multi Asset High Equity	2022	-1.30%	0.62%	-0.18%	-0.96%	-0.24%	-4.41%	2.99%	0.02%	-3.02%	4.08%	3.74%	-1.05%	-0.08%
Fund	2021	1.66%	0.49%	0.43%	1.00%	0.03%	0.75%	2.60%	1.23%	-1.56%	2.62%	0.90%	2.59%	13.42%
SA Multi Asset High Equity	2021	2.62%	3.02%	1.32%	1.34%	0.32%	0.13%	1.89%	1.11%	-0.52%	2.59%	1.22%	3.08%	19.62%

Annualised (%)	1 Year	2 Years	3 Years	Since Inception
Fund	15.72%	7.70%	7.89%	7.29%
SA Multi Asset High Equity	13.49%	6.52%	10.25%	6.15%

Historical Hi / Lo Annual Return

Highest Annual Return (Mar-2021)	16.62%
Lowest Annual Return (Mar-2020)	-1.18%

Underlying Funds as at 30 September 2023

- Global Marathon Ip Fund A1
- 36One Bci Sa Equity Fund F
- Saffron Sci Active Bond B
- Clucasgray Equity Prescient Fund B4
- Portfoliometrix Bci Dynamic Income Fund B
- Triathlon Ip Fund Class D
- Miplan Ip Enhanced Inc B1
- Fairtree Sel Eq Pres F B2
- Fairtree Equity Prescient Fund - A2

Disclaimer and Disclosures

Collective Investment Schemes are generally medium to long term investments. The value of participatory interests or the investment may go down as well as up. Past performance is not necessarily a guide to future performance. Collective investment schemes are traded at ruling prices and can engage in borrowing and scrip lending. A schedule of fees and charges and maximum commissions is available on request from the manager. The Manager does not provide any guarantee either with respect to the capital or the return of a portfolio. The Manager retains full legal responsibility for the Fund, regardless of Co-Naming arrangements. Transaction cut off time is 14:30 daily. Each portfolio may be closed for new investments. Valuation time is 15:00 (17h00 at quarter end) and 20:00 for fund of funds and certain funds with significant investments in CIS. Prices are published daily and available newspapers countrywide, as well as on request from the Manager. IP Management Company (RF) Pty Ltd is the authorised Manager of the Scheme – contact 021 673 1340 or clientservices@ipmc.co.za. Standard Bank is the trustee / custodian – contact compliance-IP@standardbank.co.za. Additional information including application forms, the annual report of the Manager and detailed holdings of the portfolio as at the last quarter end are available, free of charge, from clientservices@ipmc.co.za. IP Management Company is a member of ASISA. A statement of changes in the composition of the portfolio during the reporting period is available on request. The performance is calculated for the portfolio. The individual investor performance may differ as a result of initial fees, the actual investment date, the date of reinvestment and dividend withholding tax. The fund is invested in portfolios of collective investment schemes that levy their own charges, and which could result in a higher fee structure for the fund of funds.

The portfolio may include foreign investments and the following additional risks may apply: liquidity constraints when selling foreign investments and risk of non-settlement of trades; macroeconomic and political risks associated with the country in which the investment is made; risk of loss on foreign exchange transactions and investment valuation due to fluctuating exchange rates; risk of foreign tax being applicable; potential limitations on availability of market information which could affect the valuation and liquidity of an investment. All of these risks could affect the valuation of an investment in the fund.

The total expense ratio (TER) was incurred as expenses relating to the administration of the financial product. Transaction costs (TC) relate to the buying and selling of the assets underlying the financial product. Total Investment Charge (TIC) is the value of the financial product incurred as costs relating to the investment of the financial product. A higher TER does not necessarily imply a poor return, nor does a low TER imply a good return. The current TER may not necessarily be an accurate indication of future TER's. Transaction Costs are a necessary cost in administering the financial product and impacts the financial product returns. It should not be considered in isolation as returns may be impacted by may other factors over time such as market returns, the type of financial product, the investment decisions of the investment manager and the TER.

Annualised returns is the weighted average compound growth rate over the performance period measured. Fund returns shown are based on NAV-NAV unit pricings calculated from INET / IRESS for a lump-sum returns is the weighted average compound growth rate over the performance period measured. Fund returns shown are based on NAV-NAV unit pricings calculated from INET / IRESS for a lump-sum investment with income distribution reinvested (after fees and cost). Performance numbers and graphs are sourced from Global Investment Reporting (Pty) Ltd.

The Effective Annual Cost (EAC)

The EAC is a standard industry measure which has been introduced to allow you to compare the charges you incur and their impact on the investment returns over specific periods. You can contact clientservices@ipmc.co.za or call us on (021) 673-1340 for an Effective Annual Cost disclosure statement. Please visit http://www.ipmc.co.za/effective-annual-cost to address the EAC illustrator.

Date of Issue : 11 October